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ELECTROCARDIOGRAM (ECG)

What is an Electrocardiogram or 12-lead ECG?

ECG is a graphical representation of the electrical activity of your heart and is performed by a doctor, nurse, or a cardiac technologist.

ECG is performed by attaching the sticky electrodes to the surface of your body in spots on your chest as well as your arms and legs. Leads are then attached to the electrodes, which conduct electrical signal from your heart to the ECG machine, which prints a graph for medical analysis.

ECG is a painless and quick medical examination with no known risks associated with it.

ECG can be performed as a single test, in a group of several tests or as a part of your cardiac consultation.

How do I prepare for my ECG appointment?

You do not need to do anything to prepare for your ECG examination.

Please continue all your medications.

No fasting is required.

We may require shaving some of your chest hair to ensure proper adhesion of electrodes to your skin.

Avoid using moisturizers and/or creams and body powders.

Allow 10-15 minutes for your appointment.

How do I get my results?

After your appointment, the ECG will be immediately interpreted by a trained Cardiac Physiologist. Once reviewed by a Cardiologist your final report is then sent to your referring doctor within few days.

If you require urgent results, please notify our staff at your appointment.